

Conference 11th May 2021

Creative Approaches in the delivery of CFS/ME Services

Exploring evidence-based interventions for working with CFS/ME

8.30	Registration Arrival into conference, chat room and hellos from board
9.00	Welcome & Introduction <u>Anna Gregorowski Chair & Christine Oliver Deputy Chair</u>
9.30	Creative approaches in working with children and young people with CFS/ME <u>Dr Halina Flannery, & Anna Gregorowski</u>
10.15	The genetics of CFS/ME <u>Professor Chris Ponting University of Edinburgh,</u>
11.00	Refreshment/ comfort break
11.15	Workshop choices: A. Patient partners <u>Rhonda Knight and Bev Knops</u> B. Occupational Balance <u>Charlie Adler</u> C. Compassion Focussed Therapy <u>Dr Jayne Woodcock</u> D. Dysregulation model- practical application, translating into practice, clinical approaches to rehabilitation <u>Sue Pemberton & Dr Vikki McKeever</u>
12.15	Lunch, networking,
13.15	Workshop choices: E. Wearable's – <u>Lucy Clark</u> F. Quality and Research Innovation in practice interviews - <u>Deb Roberts</u> G A Behavioural therapy approach to Trauma-Informed Behaviour Therapy - <u>Kirsty Northcott</u> H. Dietetics TBC
14.15	CFS/ME services - Thriving in challenging times <u>Christine Oliver & Deb Roberts</u>
14.45	Priority setting partnership <u>Sonya Chowdhury Action for ME</u>
15.00	Sharing Innovation: Members presentations of research/ projects/audits/service developments/creative therapy approaches
16.00	Questions to the Panel and feedback/feed forward for the next event.
16.30	Closing remarks