

Bacme

British Association for CFS/ME

August 2021

The new NICE Guideline for ME/CFS was due to be published on 18th August 2021 but publication has been paused by NICE following concerns raised during the pre-publication period.

The statement from NICE can be accessed here:

<https://www.nice.org.uk/news/article/nice-pauses-publication-of-updated-guideline-on-diagnosis-and-management-of-me-cfs>

This is BACME's initial response to the situation while further developments are awaited:

BACME will continue to support members to work with NICE guidance once published, within the remit of their professional practice and specialist CFS services. BACME put together a substantial and comprehensive response to the draft NICE ME/CFS guideline. We will continue to work on addressing any concerns previously highlighted by our members to ensure the delivery of safe and effective treatment and care to children, young people and adults diagnosed with ME/CFS and their carers and families. BACME recognises the need for specific guidance for children and young people and has a plan in place to further develop this as well as guidance for those severely affected by ME/CFS. BACME will continue to offer education and support to members through teaching and networking events. Many of these will focus on topics linked with the future publication of the NICE guideline on the diagnosis and management of myalgic encephalomyelitis (or encephalopathy)/ chronic fatigue syndrome (ME/CFS). BACME remain firmly committed to raising awareness of the impact of ME/CFS and fatigue conditions, striving for excellence in the delivery of research based care, evidence based therapies and the search for a breakthrough into the underlying causes of this debilitating illness. We await further information from NICE.